



Empowerment Arts Weekly Flow Curriculum Guide

Weekly Flow

Empowerment Arts is thoughtfully designed to nurture creativity, build confidence, and foster community. Each week offers a balance of structured learning, playful exploration, and collaborative fun across a range of artistic disciplines. Here's how the experience unfolds:

Week 1: Building Community & Exploring the Art Form

Sessions kicks off with fun icebreakers, group games, and creative activities to help everyone feel welcomed and connected. Participants will be introduced to their chosen art form—whether it's visual arts, theater, dance, music, or writing—through engaging, age-appropriate exercises and collaborative exploration.

Weeks 2 & 3: Skill-Building & Creative Discovery

Participants dive deeper into the core techniques and tools of their discipline. Through hands-on practice, guided instruction, and imaginative experimentation, they'll start to develop their own unique voice and artistic approach. These weeks are all about trying new things, gaining confidence, and growing creatively in a supportive environment.

Week 4: Bringing It All Together

In the final week, participants will complete their individual or group projects, apply the skills they've learned, and reflect on their creative journey. The week concludes with a celebratory sharing session or showcase, where campers can proudly present their work and celebrate one another's accomplishments.

For Ceramics, Watercolors, and Creative Writing, students will have take-home projects that they create during the workshop. All materials are provided by Interact.

Course Descriptions

Improv Theater

This dynamic workshop introduces students to the fundamentals of improvisation through games, scene work, and character development. Participants will learn how to think on their feet, collaborate with others, and build confidence in a fun and supportive environment.

Singing

Students will explore vocal techniques, breath control, and song interpretation while working on solo and group pieces. This course emphasizes self-expression, musicality, and performance skills in a welcoming space for singers of all levels.

Ceramics

In this hands-on workshop, students will explore the fundamentals of working with clay, from hand-building techniques to glazing and finishing. By the end of the session, participants will have completed their own ceramic pieces to take home.

Watercolors

This visual arts workshop focuses on watercolor techniques such as blending, layering, and composition. Students will create individual works of art, exploring their creativity and developing an understanding of color theory and brushwork.

Creative Writing

Participants will develop their storytelling and writing skills through exercises in poetry, short stories, and personal narratives. This workshop fosters self-expression and confidence in sharing creative ideas with others.

Stage Combat

Participants will explore the art of physical storytelling through safe, choreographed stage combat techniques. This workshop emphasizes safety, collaboration, creativity, and character development while teaching the fundamentals of stage fighting for performance. Students will gain confidence in their physical expression and learn how movement can tell powerful stories on stage.

Playwriting

In this workshop, participants will discover the power of their voice through the creation of original scenes and short plays. Using writing prompts, dramatic structure exercises, and group feedback, students will develop characters, dialogue, and compelling theatrical narratives. This class encourages bold self-expression and builds confidence in sharing creative ideas through scriptwriting.

Comics

In this exciting workshop, students will dive into the world of comic book creation—developing original characters, crafting visual stories, and learning the fundamentals of comic paneling, layout, and dialogue. Participants will explore how words and images work together to tell compelling stories, combining elements of writing, drawing, and design. By the end of the session, each student will have created their own short comic or zine to take home and share.

For more information and to register, please visit <https://interactcenterarts.org/>.